

KEYNOTES

Francis Scott Key Lions Club
P.O. Box 3932
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www.fsklions.org



Believe in Lions ...
Believe in Service ...
Believe in Miracles ...

January 2012
Vol. 52, No. 7

Next meetings

1/10/12
1/24/12

Board meeting
1/10/12

REMEMBER OUR COMMUNITY SERVICE PROJECTS

FOOD BANK donations

The FSK Lions have been donating non-perishable food to the Frederick Food Bank for well over 10 years; however, the participation among the membership has dropped drastically in recent years.

You say you can't afford to donate to this project? Donating food to help the hungry can be accomplished, even on a tight budget, by taking advantage of your store's 10 for \$10, buy one/get one free, store loyalty promotions, and other special deals.

Food Bank donations increase near the holidays and drop during the rest of the year. We've already seen that the Boy Scouts annual collection fell for the third consecutive year. Let's try to have every member bring at least one can or boxed good to every meeting. Those in our community who are hungry are counting on us. We can't afford not to help.

USED EYEGLASSES/HEARING AIDS for recycling

CELEBRATIONS

Happy birthday to:

1/2 Lion Paul Gray
1/7 Lion Chris Haugh
1/20 Jean Hammond

Enjoy your special day!

DATES TO REMEMBER

1/10/12 Tuesday

General membership/board meetings; program: Lion Chris Haugh on Frederick's Wild Wild West Connection

1/24 Tuesday

General membership meeting; program: Tracy Bush on Getting the Most from Social Security

2/14 Tuesday

General membership meeting & board meeting; program: Rebecca Miller, Maryland Relay Service

3/27 Tuesday

General membership meeting; Women's History Month program: Brig. Gen. (USAF Ret.) Wilma Vaught

JANUARY PROGRAMS

1/10
Chris Haugh, Scenic Byways and Special Projects Manager for the Frederick Tourism Council, will speak about James Lewis Johnson, Frederick County native and grand nephew of Gov. Thomas Johnson,

who went on to become one of Santa Fe, New Mexico's most prosperous early merchants. Chris will also make a tie to another one-time resident of Santa Fe (and holder of the name Lewis) who is revered as a local hero here in Frederick for his actions during the American Civil War.

1/24

Tracy S. Bush, Legacy Financial Associates, is a Certified Senior Advisor and Registered Financial Consultant for over 20 years. Tracy will be presenting, "Getting the Most from Social Security." The topic includes identifying your Social Security benefit, options available to you, how to maximize your benefit and how to get started.

THE BENEFITS OF HAND WASHING

Quick Quiz: True or False

1. Antibacterial soap is more effective at killing germs than regular soap
2. Using a towel to turn off the faucet can prevent the spread of germs.
3. Antibacterial wipes or towelettes kill as many germs as alcohol-based sanitizers.
4. You can safely touch people or surfaces before your hands are completely dry.
5. Children in care settings need to wash their hands at least several times per day, not just before meals.

~ ~ ~ ~

Year-round regular HAND WASHING is important to your health because it can help to keep you from getting sick or from spreading germs to friends, family and others.

HAND WASHING is especially important between Thanksgiving and New Year's because the

holidays coincide with the height of the cold and flu season as people congregate in close quarters and out-of-town guests can bring new strains of bacteria, viruses, and other microbes along with their presents.

Numerous illnesses can be spread by people who neglect basic hand hygiene, either through hand-to-hand contact or by leaving germs on commonly used surfaces. It's essential to regularly wash your hands with soap and running water or to use a hand sanitizer containing at least 60% alcohol.

Mom was right. Always wash your hands before eating food. You also should always wash your hands:

Before, during, and after preparing food.

After using the toilet.

After changing diapers or cleaning up a child who has used the toilet.

Before and after caring for someone who is sick.

After blowing your nose, coughing, or sneezing.

After touching an animal or animal waste.

After touching garbage.

Before and after treating a cut or wound.

Before giving medicine.

Unfortunately, too many of us either ignore these basic precautions or wash in such a perfunctory manner that we walk away from the sink with our hands still crawling with germs.

Although even the most thorough HAND WASHING cannot remove every germ, appropriate HAND WASHING can remove most of them. To correctly wash your hands:

Wet your hands with clean, running

water (warm or cold) and apply soap.

Rub your palms together to make a lather and scrub them well. Also scrub the backs of your hands, between your fingers, and under your nails.

Continue rubbing your hands for at least 20 seconds. How long is that? If you can't keep your eye on a watch, just hum "The Happy Birthday Song" twice from beginning to end.

Rinse your hands well under running water.

Dry your hands using a clean towel or air dry them.

Soap and running water are the best ways to remove germs; however, if they're unavailable, an alcohol-based hand sanitizer is a good alternative even though it can't eliminate all types of germs and is ineffective when hands are visibly dirty.

To correctly use a hand sanitizer:

Apply the product to the palm of one hand.

Rub your hands together.

Rub the product over all surfaces of your hands and fingers until your hands are dry.

And now the quiz answers:

1. **False** Research shows that regular liquid, bar, or powder soap is just as effective.

2. **True** This last little step can minimize exposure to another common source of germs, especially in public restrooms.

3. **False** Although antibacterial wipes or towelettes are better than nothing, alcohol-based sanitizers are significantly more lethal to germs.

4. **False** Moist hands are a germ-friendly environment.

5. **True** Children tended to in groups outside the home are at high risk of respiratory and gastrointestinal illnesses, which they can then spread to family members and others.

SALVATION ARMY BELLRINGING 12/10

Many thanks to the following Lions who rang the bells for the Salvation Army at K-Mart on 12/10: Lions Darlene and John Aulls, Judy Duears, Paul Gray, Bill Grove, Regis Hammond, Barbara Myers, Wil Rice, Gerald Stewart, Lynn Stimmel, Duane Voitel, and Ralph Williams.

A big thank-you to former Lion Alayna Allen and son Jack who rang the bells with Lion Barbara.

Photo on page 6.

HOLIDAY SOCIAL 12/13

Lions Darlene Aulls & Wil Rice

A total of \$235 in gift cards was collected at the holiday social on 12/13. The cards were presented to the Religious Coalition by King Lion Duane Voitel, Treasurer Darlene Aulls, and Lions Paul and Toni Gray.

Photo appears on page 6. Many thanks to photographer Lion Paul Gray and to Michael Duears for technical assistance.

HOLIDAY GREENS

A total of \$450 for the charity account was raised through the greens sales this year.

1,000,000 TREES INITIATIVE

At the 11/22 meeting, the club voted to donate \$200 toward trees for a reforestation program at Woodsboro Park, located on the north side of Maryland Route 550 adjacent to Maryland Route 194. Information on this activity was received from Lion Champ

Zumbrun, District 22W
Environmental Chairman. The
request for funds was sent to all
Lions Clubs in Frederick County.

From the December District 22W
newsletter:

Trees planted thus far by the
District 22W Lion's Clubs: 1,173
Clubs Participating: 15
Let's keep that number growing!

I WONDER ...

Why do people say they "slept like
a baby," when babies wake up like
every two hours?

Why do you have to "put your two
cents in," but it's only "a penny for
your thoughts?" Where's that extra
penny go?

Why does a round pizza come in a
square box?

Why are you IN a movie, but you're
ON TV?

If the Professor on Gilligan's Island
could make a radio out of a
coconut, why couldn't he fix a hole
in the boat?

Did you ever notice that when you
blow in a dog's face, he gets mad at
you; but when you take him for a
car ride, he sticks his head out the
window?

CIVIL WAR STATES QUIZ

mental_floss 8/31/04

1. What state/territory was split
into two states during the Civil
War?

- A) Dakota
- b) Carolina
- c) Virginia
- d) Kansas

2. Which of these was considered
a "border" state, with allegiance to
neither the Union nor the
Confederacy?

- A) Tennessee
- b) Kentucky

- c) North Carolina
- d) Virginia

3. Which of these was not a state
during the Civil War?

- A) Missouri
- b) Nebraska
- c) Iowa
- d) Kansas

4. Geographically what was the
smallest state in the Confederate
States of America?

- A) South Carolina
- b) Louisiana
- c) Arkansas
- d) Maryland

5. How many states comprised the
Confederacy before the fall of Ft.
Sumter, SC?

- A) 5
- b) 7
- c) 9
- d) 11

Answers on page 5

22W NEWSLETTER 12/11

Our newest Lions Club – The South
Carroll Lioness-Lions Club,
chartered on 10/5 and celebrated
with a Charter Night event on 12/9
at Lutheran Messiah Hall in
Sykesville.

Our newest Leo Club - The Francis
Scott Key High School Leo Club,
sponsored by the Taneytown Lions
Club, celebrated their organizing
event on 12/2 at FSK High School.
We welcome them to the family of
Lions and wish them success.

Global Service Action Campaign
The Global Service Action Campaign
for December and January is
"Relieving the Hunger." Organize
food drives and projects to feed the
hungry. With the downturn in the
global economy, many hunger relief
organizations are finding it difficult
to keep up with demand. Help
alleviate hunger by planning events
around the end and beginning of
the calendar year to collect and
distribute food.

LCI & LCIF UPDATES 12/11

An early bird discount for the 95th
LCI convention, to be held in Busan
from 6/22-26/12, was offered for
those registering before 12/31/11.
Over 15,500 Lions worldwide were
already registered as of 12/1/11.

As part of our ongoing PR efforts,
four new PSAs showing Lions in a
fresh and fun way are available.
Three of the PSAs are safari-
themed spots using humor to show
how Lions help others through
vision, feeding, and environment
projects. The final PSA is an
airport-themed spot featuring a
security x-ray machine to show
viewers that there's "a little Lion"
inside all of us.

A recent earthquake in Turkey killed
hundreds, injured over 1,300, and
caused extensive property damage.
Lions are bringing aid and comfort
to the people affected by this
disaster. LCIF approved an
emergency grant to fund Lions'
relief efforts; members are using
these funds to provide relief
supplies, including food and water.

Lions joined forces with The Aga
Khan Development Network to
plant 1.5 million trees in Kenya, a
country with one of the highest
deforestation rates in Africa. LCI
president Wing-Kun Tam and Prince
Hussain Aga Khan announced the
partnership in November during a
tree planting ceremony in Nairobi
City Park.

You can expand your reach to
underserved children through
hands-on service projects. The
Lions Children First Program can
provide you with easy-to-use
resources and materials, including a
club activity guide, sample project
idea sheets, and community
posters. There's also a Lions
Children First Facebook Fan Page
where you can connect with other
Lions serving children in need. You
can also join the Relieving the
Hunger Campaign to fight hunger
affecting children in your
community.

From LCIF Chair Sid L. Scruggs III:

As 2011 comes to an end, it is a time to reflect on our many successes during this year. Last year LCIF was able to help millions of people around the world. Our Lions Quest program has grown to six more countries, now totaling 69, and is reaching more than 12 million children worldwide. Our SightFirst program has expanded to include new program areas, such as education, rehabilitation, and research. Our partnerships have increased, including a record donation from the Gates Foundation to help us fight measles. We have helped rebuild lives following some of the worst natural disasters in recent history. These are just a few of the numerous highlights in the past year.

Because of your generosity LCIF was able to expand to meet even more needs worldwide. Last fiscal year donations were up by 40%. Through the first four months of this fiscal year, donations are up an additional 62%, from \$15.1 million to \$24.1 million. As a result, many more people worldwide are benefitting. Nearly 1 million people will benefit from the grants awarded at the October board meeting alone.

Every day a quiet storm needlessly takes the lives of 450 children. Yet for less than \$1, we can provide lifelong immunity and the chance at life. We can save 157 million children through the One Shot, One Life: Lions Measles Initiative, a partnership with the Measles Initiative. The Gates Foundation is challenging Lions to mobilize \$10 million with a matching grant of \$1 for every \$2 raised by Lions. In 11/11 LCIF received two large donations to help meet the challenge: \$250,000 from MD-300 Taiwan and 410,000 from International Director Seiki Yamaura of Japan. All Lions are encouraged to support this program and help meet this challenge. Donations are available for MJF recognition. LCI President Tam met with the President of Nepal and Vice

President of Kenya, both of whom pledged their support to vaccination campaigns planned in their countries.

Nearly two years following the earthquake, Lions in Haiti remain committed to rebuilding lives and the economy. The nursing school is complete and students will move into the facility this month. The school includes four classrooms, a practice laboratory, and a resource library. Homes being built in collaboration with the organization HELP are nearly complete. In addition to the 620 families benefitting from a new home, 102 Haitian construction workers are gaining employment through this project.

During December and January, Lions are encouraged to participate in the Relieving the Hunger Global Service Action Campaign. A number of resources are available to assist in planning and promotion of projects. LCIF has awarded a number of grants for large-scale projects fighting hunger, including delivering food supplies in the Horn of Africa during a massive famine, a feeding program for 65,000 people daily in South Africa, and re-establishing kitchens and food facilities following the disaster in Japan.

Lions Quest continues to expand beyond typical school programs. LCIF is beginning to pilot our new Lions Quest Skills for Adolescence Out-of-School-Time (OST) program in 6 community schools in the Chicago Public School system, in partnership with the YMCA of Greater Chicago. This marks the first step in bringing Lions Quest to community centers, after-school programs, and other organizations. Lions continue to play a key role in expanding the program worldwide. A training was held for Lions from South Asia. In January meetings will be held in Europe and Africa. The meeting in Africa marks the formal launch of our \$150,000 project with the U. S. State Department to expand the program in five countries.

LCI NEWSWIRE 1/12

Peace Poster Contest – Help us celebrate the 25th annual LCI Peace Poster Contest by sponsoring a local school or youth group in the 2012-13 competition. The theme for the contest is “Imagine Peace.” Lions have given millions of children an opportunity to express their visions of peace through this program. Contest kits will go on sale on 1/15 from Club Supplies. Each kit includes an entry form for this year’s LCI Essay Contest for students who are visually impaired, which shares the theme “Imagine Peace.”

Lions Club App – Stay in touch with LCI with your Android phone by downloading our new Lions Club App. With the Lions Club App, you can access videos from LCI and Lions around the world on YouTube, photos from other clubs on Flickr, the LCI Facebook page, web site, club locator, and more. Stay up to date on LCI news and information.

2012 Lions Day with the UN – Join us to honor our historic 67-year partnership with the United Nations during the 34th annual Lions Day with the UN. This event will occur on 3/16 in New York. Past International President Wroblewski will welcome Lions, and International President Tam, along with invited UN speakers, will highlight the importance of this ongoing collaboration. Additional program highlights include the Lions International Peace Poster Contest awards ceremony.

2011-12 Environmental Photo Contest – The Environmental Photo Contest (EPC) is a wonderful way for Lions from around the world to showcase the beauty of their environment. We invite all multiple districts to submit one photograph for the International EPC that will occur during our 2012 International Convention. We also feature many of the photos in our annual EPC wall calendar.

LCI CENTURY OF SERVICE COMMEMORATIVE COIN

LCI is leading efforts to mint 400,000 silver dollars in recognition of our 100th anniversary in 2017.

Lions are excited to celebrate our 100 years of service to men and women throughout the world. This is the first step to commemorate our centennial – while raising millions to support our global mission areas for the visually impaired, disabled, youth, and those affected by disaster. Lions from all over the globe are exploring similar commemorative campaigns locally.

If the legislation is passed and signed into law, LCI commemorative coins can be purchased from January through December 2017 from the U. S. Mint or by phone at 1-800/USA Mint.

ROSTER UPDATES

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Deer Park Lions Club President Mike Madeja
mmadeja@atrcorp.com

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Lonaconing Lions Club president:

Everett (Ebb) Spike
14401 New George's Creek Rd SW
Frostburg, MD 21532
301/463-5845

Lion Ebb has no e-mail, but you may contact him through Lion Sandy Youngblood at sandyy1@verizon.net.

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PDG Gary S. "Buck" Fisher's home telephone number is no longer valid. Please update it with his cell number, 301/788-1747.

Reminder: If your contact information changes, please contact Lion Lynn Stimmel to allow the club roster to be updated.

ARCHIVES

Lion Lynn Stimmel

If you have Lions materials or memorabilia to donate to the archives at the Historical Society of Frederick County, please contact Lion Lynn Stimmel. Items will be documented and then taken to the HSFC archivist.

INTERVIEW WITH AN 80- YEAR-OLD WOMAN

The local news station was interviewing an 80-year-old woman because she had just gotten married—for the fourth time.

The interviewer asked her questions about her life, about what it was like to be marrying again at 80, and then about her new husband's occupation.

"He's a funeral director," she answered.

"Interesting," the newsman thought. He then asked her if she wouldn't mind telling him a little about her first three husbands and what they did for a living.

She paused for a few moments, needing time to reflect on all those years.

After a short time, a smile came to her face and she answered proudly, explaining that she'd first married a banker when she was in her early 20s, then a circus ringmaster when she was in her 40s, later on a preacher when in her 60s, and now in her 80s, a funeral director.

The interviewer looked at her, quite astonished, and asked why she had married four men with such diverse careers.

She smiled and explained, "I married one for the money, two for the show, three to get ready, and four to go."

Civil War States Answers

1. C - Virginia. In 1863 the northwestern part of the state was split off and admitted to the Union as West Virginia.
2. B - Kentucky.
3. B - Nebraska
4. A - South Carolina
5. B - 7. They were Alabama, Florida, Georgia, Louisiana, Mississippi, South Carolina, and Texas.

2011-2012 Officers

____ President: Lion Duane Voitell
301/831-0203, cell 301/908-6725,
duaneandronda@comcast.net

1st Vice-president: Lion Wil
Rice 301/662-2104,
ricecrispy2@comcast.net

2nd Vice-president: Lion Paul
Gray 301/846-0921,
tonijaziepaul@comcast.net

Secretary: Lion John Aulls
301/662-2360, aulls2@verizon.net

Treasurer: Darlene Aulls
301/662-2360, aulls2@verizon.net

Directors (one year): Lions
Regis Hammond 301/695-8663,
regisj@comcast.net, and J. Lynn
Stimmel 301/663-4392,
jerlynstimmel@comcast.net; (two
years) Lions William Grove 301/662-
9378, and Ray Gafney 301/644-4271

Tail Twister, Lion Tamer, &
Membership Chairman: Barbara Myers
301/524-9837, wk 301/790-3877,
barbaraanne112@yahoo.com

Editor: Lion J. Lynn Stimmel
301/663-4392,
jerlynstimmel@comcast.net

Regular general membership meetings are held on the second and fourth Tuesdays of each month at 6:30 p.m. at the Barbara Fritchie Candystick Restaurant, 1513 West Patrick Street, Frederick, Maryland. Reservations or cancellations for the meetings are due to Lion President Duane Voitell by no later than 48 hours prior to the meeting.

The memorial policy was established at the 8-8-00 and amended at the 12-14-09 Board of Directors' meetings: \$50 on the death of a member, \$30 on the death of a member's spouse, widowed spouses on the active newsletter mailing list, parent, or child. Donations are made to the charity specified by the family or to LVRF.

Mission Statement of Lions Clubs International

**To create and foster a spirit of
understanding among all people for
humanitarian needs by providing voluntary
services through community involvement
and international cooperation.**